

## Do Over



Do over.  
Starting now.  
No more carrying other people's pain.  
No more carrying their mistakes either.  
We are each carrying enough of our own.  
Time to drop those, too, into the past where they belong.  
Unencumbered, let us move forward  
With a heart full of love,  
A mind full of peace,  
And lips full of blessings.  
A better world awaits....

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